

Coaching Profile Sheet

Name:
Home address:
Work address:
Home phone:
Work phone:
Mobile phone:
Occupation:
Employer name and address:
Date of birth:
Marital status:
Religious affiliation:
<i>Please complete the following and email back prior to first coaching session.</i>
1. What are you hoping to achieve by coaching?
2. How would you like for me to coach you?
3. When you are feeling stuck, what might I say to help you move forward?
4. Describe your relationship with God.
5. Describe your relationship with others.
6. What types of people do you find it easy to get along with?

7. What types of people are more challenging for you to get along with?
8. Describe the system that is the context of the presenting coaching need.
9. How do decisions get made in that system?
10. How would you describe your leadership style?
11. What seems to derail you at your job?
12. What helps bring balance into your life?
13. What activities are important to you?
14. What role does your family play in achieving your goals?
15. What else do you think it is important for me to know about you?